



A 30 Day Guide to

# Worship & Wisdom

By Dr. Joshua Beckley



## **A 30 Day Guide for Worship and Wisdom**

### **Introduction:**

Quiet Time is an essential part of the Christian's Life. It's the practice that help's us grow in our intimacy and obedience to the Lord. It's a practice that the Lord Himself model for us and implied by its practice to be vital to our becoming who God has ordained us to be. Mark 1:35 records, "Now in the morning, having risen a long while before daylight, He went out and departed to a solitary place; and there He prayed." (NKJV)

For over the 50 years that I have been a Christian, it has been this time alone with Lord in the early morning hours that has kept me focused, faithful and stedfast in my walk and relationship with him.

And it's this practice, that I am introducing you to in this 30 Day guide, that has been the cornerstone for deepening my intimacy and developing my obedience to Him.

My prayer is that as you make this a practice of your life, you will too, reap the same, if not greater benefits, than I have had. May God richly bless you as you spend time alone with Him.

### **How to Use this Guide?**

Each day you will be given an assigned reading, five Psalms and one Proverbs corresponding with the day of the week. The five Psalms that you will read, will be decided by the addition of 30. For example Psalms 1, 31, 61, 91, & 121, are determined by adding 30, to the corresponding day of the week.

Each day you will be asked to Read, Reflect, Record and Recite! Read, the passages assigned; Reflect on what you have read and what you sense God is saying to you; and Record, write down those reflections in the space provided, as well as any passage or verse you are promoted to memorize. The last thing you will be asked to do is Recite, in other words, tell someone what you have learned from your time alone with God. This will help you remember and apply the truths that you learn.

For the months with thirty-one days, that day will be a day of Review. To review those thoughts and verses that were most impacting to you during the month.

Are you ready to worship and to gain wisdom? Then let the journey begin!

DAY  
1

Psalms 1, 31, 61, 91 & 121; And Proverbs 1

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

**Who comes to your mind that you need to share these thoughts and impressions with? Write their name(s) and pray for them and call or text them before the day is over.**

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DAY  
2

Psalms 2, 32, 62, 92, & 122; And Proverbs 2

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
3

Psalms 3, 33, 63, 93 & 123; And Proverbs 3

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
4

Psalms 4, 34, 64, 94 & 124; And Proverbs 4

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
5

Psalms 5, 35, 65, 95 & 125; And Proverbs 5

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
6

Psalms 6, 36, 66, 96 & 126; And Proverbs 6

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
7

Psalms 7, 37, 67, 97 & 127; And Proverbs 7

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
8

Psalms 8, 38, 68, 98 & 128; And Proverbs 8

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

**Who comes to your mind that you need to share these thoughts and impressions with? Write their name(s) and pray for them and call or text them before the day is over.**

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DAY  
9

Psalms 9, 39, 69, 99 & 129; And Proverbs 9

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
10

Psalms 10, 40, 70, 100, 130; And Proverbs 10

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
11

Psalms 11, 41, 71, 101 & 131; And Proverbs 11

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
12

Psalms 12, 42, 72, 102 & 132; And Proverbs 12

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

**Who comes to your mind that you need to share these thoughts and impressions with? Write their name(s) and pray for them and call or text them before the day is over.**

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DAY  
13

Psalms 13, 43, 73, 103 & 133; And Proverbs 13

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

**Who comes to your mind that you need to share these thoughts and impressions with? Write their name(s) and pray for them and call or text them before the day is over.**

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DAY  
14

Psalms 14, 44, 74, 104 & 134; And Proverbs 14

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

**Who comes to your mind that you need to share these thoughts and impressions with? Write their name(s) and pray for them and call or text them before the day is over.**

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DAY  
15

Psalms 15, 45, 75, 105 & 135; And Proverbs 15

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
16

Psalms 16, 46, 76, 106 & 136; And Proverbs 16

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
17

Psalms 17, 47, 77, 107 & 137; And Proverbs 17

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
18

Psalms 18, 48, 78, 108 & 138; And Proverbs 18

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
19

Psalms 19, 49, 79, 109 & 139; And Proverbs 19

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
20

Psalms 20, 50, 80, 110 & 140; And Proverbs 20

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
21

Psalms 21, 51, 81, 111 & 141; And Proverbs 21

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
22

Psalms 22, 52, 82, 112 & 142; And Proverbs 22

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

**Who comes to your mind that you need to share these thoughts and impressions with? Write their name(s) and pray for them and call or text them before the day is over.**

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DAY  
23

Psalms 23, 53, 83, 113 & 143; And Proverbs 23

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
24

Psalms 24, 54, 84, 114 & 144; And Proverbs 24

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
25

Psalms 25, 55, 85, 115 & 145; And Proverbs 25

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
26

Psalms 26, 56, 86, 116 & 146; And Proverbs 26

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

**Who comes to your mind that you need to share these thoughts and impressions with? Write their name(s) and pray for them and call or text them before the day is over.**

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DAY  
27

Psalms 27, 57, 87, 117 & 147; And Proverbs 27

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
28

Psalms 28, 58, 88, 118 & 148; And Proverbs 28

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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DAY  
29

Psalms 29, 59, 89, 119 & 149; And Proverbs 29

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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Psalms 30, 60, 90, 120 & 150; And Proverbs 30

**REFLECT:**

What has spoken to you from what you have just read?

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**RECORD:**

What is the Holy Spirit saying to you about your life? (Your relationship with God and with others; Your private and inner life; Your your Public and Professional witness before others; Your social media activity.) Write those thoughts and impression in the space provided.

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**RECITE:**

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**Review — The 31st Day is the same as the 1st Day of the Month. Therefore go over what you have learned through the month and determine to make this a monthly habit in your life, and see how your worship will deepen and your wisdom increase as your spirit receives what God give you from His Word.**

**Now, each month read the assigned readings. Go over your notes and receive what God will reveal to you each you go through. Stick to it for a year and see where you are by the end. Paul put it well when he said, “Eye has not seen, nor ear heard, Nor have entered into the heart of man The things which God has prepared for those who love Him.” (1 Cor. 2:9)**





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