

HUGGS RESOURCE LIST

September 25, 2011

ECCLESIA SERVICES:

1. GED Preparation – Priscilla’s Helping Hands offers GED preparation. Call 909.881-2800 for more information.
2. Pricilla’s Helping Hands – Offers a daycare program, computer literacy classes, budgeting classes and more. Call 909.881-2800.
3. Ecclesia’s Clothes Closet – Provides clothing for the needy in our community. They also accept donations. Call the church office for hours at 909.881-5551.
4. Ecclesiachurch.com – Click on the Community Outreach link for more resources.

REFERRAL AGENCIES: United Way will refer you to social service agencies that provide shelter, food, counseling, drug & alcohol programs and more.

1. Arrowhead United Way (San Bernardino & surrounding cities), 909.884-9441; www.arrowheadunitedway.org
2. Inland Empire United Way (Western SB Co.), 909.980-2857; www.ieuw.org
3. UW Inland Valley (Riverside Co.), 951.697-4700; www.uwiv.org
4. Desert Communities UW, 760.242-5370; www.dcuw.org

United Way 211- Twenty- four (24) hour phone referral service for social service agencies, including job search and job training programs. On line access for SB & Riverside counties is www.211sb.org; www.211riversidecounty.org.

HEALTH & SAFETY:

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| 1. San Bernardino Public Health Dept. | 909.383-3060 |
| 2. CDS National Aids Hotline | 800.232-4636 |
| 3. SB Adult Protective Services | 877.565-2020 |
| 4. Riverside Adult Protective Services | 800.491-7123 |
| 5. Child Protective Services | 800.827-8724 |
| 6. San Bernardino Sexual Assault (Rape Crises) | 800.656-4673 |
| 7. Suicide Prevention hotline | 800.273-8255 |
| 8. Assistance League Riverside Co. | 951.682-3445 |
| 9. Assistance League SB | 909.885-3085 |
| (Clothing & general dentistry for needy children in SB & Riverside Co.) | |
| 10. SB City Schools Children’s Dental Health Center | 909.885-2045 |
| (General dentistry for low-income students) | |
| 11. SAC Health System- medical & dental services | 909.382-7120 |
| (Services based on ability to pay) | |
| 12. Alcohol Anonymous- Inland Empire Central Office | 909.825-4700 |
| 13. Alanon- Family & Friends of alcoholics | 909.824-1516 |
| 14. Salvation Army Drug & Alcohol Rehab | 909.889-9605 |

HOUSING & EDUCATION:

1. Literacy tutoring for adults – Norman Feldheym Public Library, 909.381-8205; Highland Sam Racadio Library, 909.425-4704
2. Inland Temporary Homes – 909.796-6381
3. Community Action Partnership of SB – food, diapers, homeless, rental, sometimes bus passes; 909.723-1500

SUPPORT GROUPS:

1. Grief Support – St. Bernardine Medical Ctr.; 909.883-8711.
2. Helping Hands Kinship Support Services - Support for those raising a relative's child in SB County; 909.986-9710
3. Diabetes Support – Arrowhead Regional Medical Ctr.; 909.580-1000 ext. 2701
4. Alzheimer's Association – 800.272-3900

LEGAL SERVICES:

1. Inland Co. legal services for low-income residents (SB) - 909.884-8615
2. Rancho Cucamonga – 909.980-0982
3. Victorville – 760.241-7073
4. SB Legal Aid Clinic – 909.889-6791
5. SB Co. Bar Association – 909.888-6791

YOUTH:

1. Young Visionaries – Services for at risk youth, including gang intervention & mentoring programs; 1616 N. "D" Street, SB; 909.881-3382
2. Youth Action Project (YAP Inc.) – Provides opportunities for youth to develop skills; 909.888-7881 ext. 249
3. CA Conservation Corps – Work training program for youth 18-23; 909.708-8470
4. Options for Youth – Services at risk youth in jeopardy of not graduating from high school; 909.381-6270 SB; 760.955-5525 Victorville
5. Regional Occupational Program (ROP) – Classes in technical & vocational disciplines for students 16 and over and adults; 909.252-4559 SB; 909.793-3115 Redlands/Colton; 951.826-6797 Riverside
6. Homework Assistance – Check local libraries. Also visit your child's school website and the district website.

COLLEGE PLANNING & SCHOLARSHIPS:

www.collegeboard.com – college research; register for the SAT

www.actstudent.org – college research; register for the ACT

www.fafsa.ed.gov – apply for federal financial aid

www.csumentor.edu – research & apply to CSU campuses

www.universityofcalifornia.edu – research & apply to UC campuses

www.hbcumentor.org – research & apply to Black colleges

www.ccco.edu – research & apply to California community colleges

www.aiccu.edu – research California's private colleges & Univ.

www.naicu.edu – National Ass. Of independent colleges & Univ.

Scholarship searches:

www.fastweb.com

www.uncf.org – United Negro College Fund

www.thesalliemaefund.org – Black & Latino college dollars

www.gmsp.org – Gates Millennium Scholarship

www.ncaa.org – sports scholarships

www.todaymilitary.com – Military scholarships