

**2025 All Church 7 Day Fast
January 20th - 27th**

Beginning: 7 am on January 20th to 7 am on January 27th

**Type of Fast:
“For Numerical & Spiritual Growth”**

In times past our fast have be focused on what not to eat or what to eat. Even though we’ve had certain things to pray about, it always seem to come down to the food. And true fasting is not only about turning down our plates, but it is also, about turning our Spirits toward God, to seek His wisdom and deliverance.

This Fast seeks to focus on the increase of the Kingdom and the maturity of Saints. I have often been hesitant about praying for numbers, yet God keeps impressing me with the verse in Luke 14:23 which says: *“And the Lord said unto the servant, Go out into the highways and hedges, and compel them to come in, that my house may be filled.” (KJV)*

As we seek to believe God for this Miracle of numerical growth. I believe we need to recognize that we as believers need to continue to mature in our faith to trust and believe God for what He wants to do with each of us individually in 2025. And that cannot come without prayer and fasting.

Joel 2:12-13 (NKJV) reminds us: ¹² *“Now, therefore,” says the Lord, “Turn to Me with all your heart, With fasting, with weeping, and with mourning.”* ¹³ *So rend your heart, and not your garments; Return to the Lord your God, For He is gracious and merciful, slow to anger, and of great kindness...*

As we fast and pray, we need to repent of any unconfessed sin in our lives and repent from any conduct that does not reflect the character of God or display our obedience to Him. Then we are to focus our attention on asking God to increase our faith to believe Him for the Miracles we expect Him to perform in our lives and in our Church. As the Father stated in **Mark 9:23-24 (NKJV)** pleaded: ²³ *Jesus said to him, “If you can believe, all things are*

possible to him who believes.”²⁴ Immediately the father of the child cried out and said with tears, “Lord, I believe; help my unbelief!”

Our food restriction will be a form of a Daniel Fast. (fruit & vegetables, no juices, only water; with whatever supplement for protein you feel comfortable with.)

Although this is an all Church fast, I’m only asking those who are willing to participate. Between now and then, I encourage you to pray about your participation and let God lead you in your involvement. God Bless You! and thank you for your faithfulness to our church and to our Savior!